

**North Tyneside CCG Patient Forum  
Mental Health Working Group**

**Tuesday 30 April 2019**

**10.30am**

**Linskill Centre  
Linskill Terrace  
North Shields  
NE30 2AY**

**Attendees**

Ray Calboutin	Park Parade Surgery
Susan Dawson	Priory Medical Group
Janet Arris	North Tyneside CCG
Michele Spencer	Community and Health Care Forum (CHCF)
Carole Reed	CHCF

**Apologies**

Anne Carlile	Priory Medical Group
Judy Scott	Whitley Bay Health Centre
Steve Manchee	Lane End Surgery
Craig Nicholson	North Tyneside Council

**Welcome and introductions**

Janet Arris welcomed the members to the meeting.

**Notes of last meeting (Tuesday 22 January 2019)**

Agreed as a true record.

**Matters Arising**

Janet explained that Healthwatch are to take on a piece of work mapping the Older Persons Pathway, which delivers real benefits to both patients and staff in health and wellbeing.

**CCG Service Developments Update**

The Recovery College began interviewing last week and Janet has a forthcoming meeting with Robin Fry and Beth Williams from Launchpad to discuss things further.

Together in Crisis is working well, this is a service for people who don't meet the threshold criteria for the Crisis Team. Recruiting in North Tyneside has started and they are working closely with the Crisis Team.

Mental Health Practitioners have been employed by NTW in the North Shields Locality to help people with mental health problems and give practical support due to extra funds becoming available. It is hoped that the Wallsend Locality will follow suit.

The Child and Adolescent Mental Health Service (CAMHS) has an

ongoing review and is just about to have a Stakeholders Event to share information, referrals have increased and there is additional pressure on the Local Authority, the main aims are looking at waiting times within the service.

A Green Paper was released last year by the government which is aiming to bring waiting times down to four weeks this is very ambitious. This will be for all CAMHS pathways. There is also the opportunity to bid for money to implement mental health teams in schools. North Tyneside was not successful in Wave 1 but plan to submit a bid again. The bid will be more targeted this time and concentrate on vulnerable groups, such as looked after children and children known to the youth offending team.

There has been no Mental Health Working Age Strategic Group since our last meeting the next one is due in May.

Susan Meins is still the Local Authority lead for Social Prescribing which can offer a health and wellbeing service to those aged 18 and over and would like to get fit and join in activities to combat depression and anxiety. A new contract will begin on 1 June 2019 to enable sharing of information. First Contact Clinical was awarded the contract and a paper has been produced by David Julien, Chief Executive and former GP (see below). It is a Community Interest Company based in the North East and is a provider for Ways to Wellness. The members agreed the paper was a bit too clinical and would prefer a friendlier approach.

#### **Future Agenda Items – Work Plan**

Members are hoping to welcome the Mental Health Team from the Oxford Centre, Longbenton and The Green in Wallsend to this group to do a presentation.

Michele attended a Talking Therapies planning meeting in Battlehill last week which was held over a four day period, unfortunately she couldn't attend the final session but will receive the papers in due course. She also gathered feedback from the GP Practices Patient Participation Groups (PPGs) to feed into the process.

