

North Tyneside CCG Patient Forum Mental Health Working Group

Tuesday 22 January 2019

10.30am

205 Park Road

Wallsend

NE28 7NL

Attendees

Susan Dawson	Priory Medical Group
Anne Carlile	Priory Medical Group
Steve Manchee	Lane End Surgery
Ray Calboutin	Park Parade Surgery
Janet Arris	North Tyneside CCG
Craig Nicholson	North Tyneside Council
Julie Owens	Consultant Psychiatrist CAMHS
Michele Spencer	Community and Health Care Forum (CHCF)
Carole Reed	CHCF

Apologies

Ray Calboutin Park Parade Surgery

Welcome and Introductions

Janet Arris welcomed the group and the members introduced themselves.

Notes of last meeting (Tuesday 23 October 2018)

Agreed as a true record.

Matters Arising

Janet informed the members that Talking Therapies are suffering real challenges with their waiting times but there are plans to increase staff recruitment. Following a Mental Health CAMHS review autism referrals are on the rise, there are provisions in place from the CCG for additional funding to produce a recovery plan to reduce their waiting times.

Crisis Provision and Recovery College

'Together in a Crisis' is a service for people who don't meet the threshold criteria. Good work is done in Newcastle and recruiting will get started in North Tyneside who will work closely with the Crisis Team. Initially the starting point was under regular review going forward with access themselves although the capacity is small. Feedback from the Newcastle Model show there have been some really good pieces of work. North Tyneside has met with Robin Fry, Chief Executive of VODA who is quite keen to attend this Mental Health Working Group and/or the Patient Forum. Michele confirmed the agenda is full for the next two meetings in March and May but there may be a slot available on the July forum meeting's agenda.

It was confirmed that Alasdair Cameron from Newcastle ReCoCo gave a talk at the recent Patient Forum which was held on 10 January 2019. He is very enthusiastic

and happy with its progress. Anne was impressed with his approach in explaining how the project was set up and running.

Janet confirmed that the plans for a North Tyneside Recovery College are in early development with Robin Fry and VODA. Anne has been working with Beth Williams from Launch Pad and is very keen to know what is in the pipeline. Michele will contact Robin to discuss commissioning intentions.

Mental Health Working Age Strategic Group

Mental Health Practitioners have been employed by NTW in the North Shields Locality due to funds becoming available for that service. This is a first port of call for people with mental health problems. This is an exciting development and hopefully Wallsend Locality will follow suit as a model. These services will make a massive difference to local patients as the staff will have the capacity to refer them.

Craig informed the members about a relatively recent spike of drug related deaths in the Borough particularly in North Shields. These are people who have problems with self medicated trauma and are addicted to substance abuse; there have been at least ten deaths in the past year who are mainly men, it is assumed the reason for this could be because females tend to have access to rescue homes if they have suffered from domestic violence for example. He explained this is not stereotypical as North Shields has limited supported accommodation including provisional units. There is a problem with over 25s who have mental health additional issues. He confirmed the procurement for the drug and alcohol tender hasn't been published yet. NTRP are the current provider and in part discussion with the council. Wendy Burke from Public Health is involved in taking this forward as a time limited joint project.

The group members agreed that this spike should be a standalone issue on the agenda. Janet will raise this at the Mental Health Integration Board and report to the Health and Well Being Board to address the risks homeless people suffer under the current radar. Craig will liaise with Scott Woodhouse and produce an action plan.

Mental Health Integration Board update

Feedback from the latest meeting showed that staff from NTW, Health Watch. The Mental Health Provider Forum and the Local Authority were all invited to discuss assessment patterns. It was agreed there was better linkage and it was very well attended. There has been no date set at present for the next one.

Mental Well Being in Later Life Board

Alma Caldwell is the current Chair but is retiring soon; Dawn McNally who is Deputy Chief Officer will take over the post in due course.

Julie Owens

Consultant Psychiatrist

Child and Adolescent Mental Health Service (CAMHS)

Julie gave out some information explaining the CAMHS system works. It provides a specialist assessment treatment service for young people under the age of 18 with a referral from a North Tyneside GP for those who have significant behavioural difficulties. Patients can also be referred to North Tyneside Talking Therapies if they

fit the criteria. The assessments take four pathways and go from emotional, neuro, mental problems and AHAD. A systemic team will be involved with patients with very complex problems including eating disorders and those who have complicated levels of risk. There are huge waiting lists as there has been a 40% cut in the budget. Initially there is a telephone triage system available which will take down details and begin the referral. When the child is accepted there will be added support for the family. Children are under such pressure with expectations from parents and teachers; this is today's education culture. The transition from child to adult is difficult sometimes the child isn't ready for the changes. Autism is of special interest and is a national problem but everyone is different at each stage of their age group and all children with mental health problems have to deal with so much pressure. Julie confirmed she will come back to this group after the CAMHS review

Future Agenda Items-work plan

Other items discussed within the group for the future agenda included:

- The Older Person's Board
- Update on the Memory Clinic and complications older people have accessing Mental Health Services
- Social Prescribing – check that Susan Meins is still in lead status
- Dave Timmin, Community Treatment Team
- Recovery College

Date, time and venue of next meeting

Tuesday, 30 April 2019

10.30 to 12-noon

NOTE NEW VENUE

Linskill Centre

Linskill Terrace

North Shields

NE302AY

Actions

1. The Mental Health Team from the Oxford Centre or The Green to be invited to a future meeting by Janet.